Campbell, St. Thomas duo headline 2014 MIAC Women's Indoor T&F Awards

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ST. PAUL, Minn. -- It was a record-setting weekend at the 2014 Minnesota Intercollegiate Athletic Conference (MIAC) Women's Indoor Track and Field Championships at Saint John's University in Collegeville, with many meet and MIAC records broken, and even a national record fell. Thursday, the brightest stars from an outstanding weekend were honored with the announcement of the 2014 MIAC Women's Indoor Track and Field Awards.

Conference-champion St. Thomas and third-place Carleton split the top individual honors. Tommie senior Mallory Burnham received the MIAC Indoor Women's Outstanding Track Athlete award for her two MIAC records, and her coach, Joe Sweeney, was voted the MIAC Women's Indoor Track and Field Coach-of-the-Year by his peers. Carleton star Amelia Campbell claimed the other two top individual awards - the MIAC Women's



Indoor Outstanding Field Athlete honor and the Performance-of-the-Meet award - as a result of her historic performance in the multi-event competition.

In addition, the top three individuals in each event and the first-place relay team automatically received All-Conference honors, and the fourth- through sixth-place finishers in each open event and second- through sixth-place relay teams were named All-Conference Honorable Mention. They can be viewed in the final results from the 2014 MIAC Indoor Track and Field Championships.

As part of a conference-wide sportsmanship initiative, the MIAC selected the eighth annual All-MIAC Sportsmanship team for Women's Indoor Track & Field. Members of the All-MIAC Sportsmanship team are selected by their coaches and teammates as individuals who demonstrate ideals of positive sportsmanship both on and off the field of competition.

Complete information from the <u>2014 MIAC Indoor Track and Field Championships</u> - including results, recaps, photos and more - can be found on the event's home page.

2014 MIAC Women's Indoor Track and Field Awards

Outstanding Women's Track Athlete - Mallory Burnham, St. Thomas

St. Thomas senior Mallory Burnham (Eagan, Minn./Eastview) dazzled in the sprinting events with a pair of meet records to earn the MIAC Women's Indoor Outstanding Track Athlete award. Burnham won the 60-meter dash with a time of 7.63 seconds, and set a new meet record of 7.62 in the prelims. She also set a record in the 60-meter hurdle prelims with a time of 8.66, then later added another title with a first-place finish in 8.67 seconds in the finals. The previous 60-dash record was 7.74 seconds, set by Augsburg's Ashley Carney in 2012, and the 60-hurdles record was one of the longest standing MIAC records at 9.14 seconds, set by St. Thomas's Katie Bestful in 1999. Burnham added a second-place finish in the 200-meter dash (25.72) and helped the UST 800-meter relay finish first with a time of 1:43.06. Her 60 and 60-hurdle times are the fastest in the nation this year, and she'll be seeded first in both events at nationals.

Outstanding Women's Field Athlete - Amelia Campbell, Carleton

Carleton sophomore Amelia Campbell (Sturgeon Bay, Wis.) made both MIAC and national headlines in the pentathlon, as her winning score of 3,914 was a new NCAA Division III, MIAC and Knight record. She won all five competitions in the multi-event to claim the conference title, and deliver her incredible record-setting score. Campbell also won the long jump with a distance of 18-3, and finished fifth in the high jump (5-0.5) to add to her outstanding all-around performance in the field.

Women's Outstanding Performance-of-the-Meet - Amelia Campbell, Carleton, Pentathlon

Campbell was further honored for her all-time excellence in the pentathlon with the MIAC Women's Indoor Performance-of-the-Meet award. Earlier in 2014, she had set a new MIAC and Carleton record in the event with a score of 3,671, but her performance at the MIAC Championships went to a whole new level. Campbell's score broke the previous Division III record of 3,725, set by Hardin-Simmons Ashley Huston in 2009, and Campbell will be seeded first in the event at the Division III Championships. She won all five events, which included the 60-meter hurdles (8.88), high jump (5-6), shot put (37-6.5), long jump (18-3.75) and the 800-meter run (2:21.61). Her 60-hurdle time and high jump height also broke Carleton's school records in those events.

Women's Coach-of-the-Year - Joe Sweeney, St. Thomas

Joe Sweeney was honored for his coaching excellence by his peers after leading St. Thomas to its 15th-straight MIAC Women's Indoor Track and Field Championship, and now the Tommies have won 27 of the 30 MIAC Indoor titles in history. Sweeney's latest champs amassed 185 points en route to victory, finishing 63 points ahead of the rest of the field. His athletes won three individual events and one relay while racking up an astounding 17 All-Conference honors at the 2014 Indoor Championships. This is Sweeney's 34th season coaching at St. Thomas, and his is his first MIAC Indoor Coach-of-the-Year honor since 2008. He recently received the outdoor award in 2013, 2011, and has been honored in cross country, indoor track and field and outdoor track and field numerous times.

2014 Women's Indoor Track and Field All-MIAC Sportsmanship Team

Augsburg - Kayla Roberge (Jr., Burnsville, Minn./Holy Angels)

Bethel - Courtney Fregeau (Sr., Andover, Minn./Meadow Creek)

Carleton - Kao Sutton (Sr., Hilo, Hawaii/Kamehameha Schools Hawaii)

Concordia - Rachel Tisdale (Sr., Chaska, Minn.)

Gustavus - Leah Brossoit (Sr., Rochester, Minn./Lourdes)

Hamline - Adri Acosta (Sr., Forest Lake, Minn.)

Macalester - Becky Kane (Sr., Miladore, Wis./Auburndale)

Saint Benedict - Clare Foley (Sr., Northfield, Minn.)

St. Catherine - Jenna McElroy (Jr., Champlin, Minn./Champlin Park)

Saint Mary's - Laura Schommer (Jr., Hutchinson, Minn.)

St. Olaf - Shaina Rud (Sr., Dayton, Minn.)

St. Thomas - Maggie Harris (Sr., St. Paul, Minn./Cretin-Derham Hall)

2014 MIAC Indoor Track and Field Championships